

Blackstone Laces Up for 5K

SUBMITTED BY PLAYWORKS

On Saturday, May 20, students and staff members from William Blackstone Elementary School will participate in the 8th Annual Playworks Run for Recess 5K presented by Playworks New England, New Balance, Positive Tracks, and Social Boston Sports. Funds raised through

the family friendly 5K and 1-Mile Fun Run, which will take place along Franklin Park's world-famous cross country course adjacent to the zoo in Roxbury, will support play and physical activity in 75 elementary schools across New England.

William Blackstone Elementary School team members will join an expected 1,000 participants who will run with the collective goal of raising

\$15,000 for Playworks New England. In its 11th year, the nonprofit, which is part of a national organization, brings play and youth development programming into schools during recess as a means to improve the health and well-being of children and to enhance learning through the power of play.

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Spring at Ringgold

Ringgold Park plans to welcome the new season with a series of fun-filled events. Please mark your calendars.

Sunday, April 16: Our annual Egg Hunt kicks off at 10am. Let your kids search for candy-stuffed eggs and shake hands with a big bunny!

Saturday, May 6: Boston Shines Clean-up. The city provides the mulch, FORP provides the tools, and neighbors band together to beautify the park.

Saturday, June 17: Fête de la Musique and South End Garden Tour. We're honored to serve as a

stop for both this year. More details to come...

If you'd like to join the Friends of Ringgold Park or renew your membership for 2017, please visit <https://ringgoldpark.org> and make a donation of any amount. We are a non-profit organization dedicated to preserving this beautiful neighborhood resource.

We'd also like to remind park users of a few rules of etiquette:

- Please do not feed the birds; this attracts vermin.
- Please keep dogs out of the play areas and flower beds.

• Please discourage your children from using chalk on the granite benches in the center fountain circle and on the wood-and-metal ones around the periphery of the park.

• Please deposit trash in the bins provided. If they're full, please report it to the City of Boston via 311 and take your trash elsewhere.

If you'd like to host a birthday party at Ringgold, please plan to carry all trash away with you and consider making a donation to support this public space.

Team USES Runs Boston 2017

In it to win it!

BY JANA EGGERS

Don't worry, I'm not talking about winning the Boston Marathon. I haven't lost my mind. Two awesome young women, Alexis Ortiz and Lelei Pina, from Boston University's School of Communications interviewed me and Evan today about my run, as part of their school work. If they win from the story produced,

the interview will be posted the BU site. Could be a nice boost to my fundraising, I think! :-)

I know that Evan and I won two new friends today. I was inspired by their stories about school, life and journalism. They were both impressive young women with a great attitudes and energy. And, they made me feel great about "kids these days". Thank you for that Alexis and Lelei!

They also walked away inspired by United South End Settlements. Everyone I share the story with does.

Alexis asked me if I was nervous about the marathon. I told her not one bit because the support in Boston really is like no other. If I end up injured, or the calf flares up, I know the crowds will carry me, even hobbling to the finish line. That confidence didn't come with my first marathon, but with practice. I thought you would like to see what USES is doing at Camp Hale, their summer camp for 6-15 year olds. It's an amazing

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ASK DOG LADY



wherever she lies or wherever my husband is laying or sitting because she is really attached to my husband. She will bring the toys one by one and lay them all around her. Why does she do this?

—Alicia

Dear Alicia,

Dogs are creatures with magical thinking. There is no better way to explain Lula's arrangements. Oh sure, behaviorists might have some explanation centering on "dominance" or "possession." But, really, how do you explain something so ridiculously wonderful? And why would you want to have a rational answer for your dog's drive to arrange the stuffed animals?

Does she see the toys as her pack? Her puppies? (Naturally, she's fixed, yes?)

All dogs have OCD but maybe Lula has a stronger streak. "Ask Dog Lady" will stop

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Advice on Pets, Life, Love

BY MONICA COLLINS

Dear Dog Lady,

My dog is a dachshund/terrier mix. Lula is four-years-old. She has started to gather her stuffed animals in the house and arrange them

Best Bees gets major buzz

On the scene at Martha Stewart Living photo shoot

BY MICHELE D. MANISCALCO

I sought refuge from the brilliant, late-August sun in the cool blue and white of the gazebo at the

Northampton Street Community Garden as I waited for the photographer from Martha Stewart Living Magazine to arrive at the garden to snap local bee scientist and entrepreneur Noah Wilson-Rich, Ph.D. of Best Bees, a beekeeping services company at 839 Albany Street. As I

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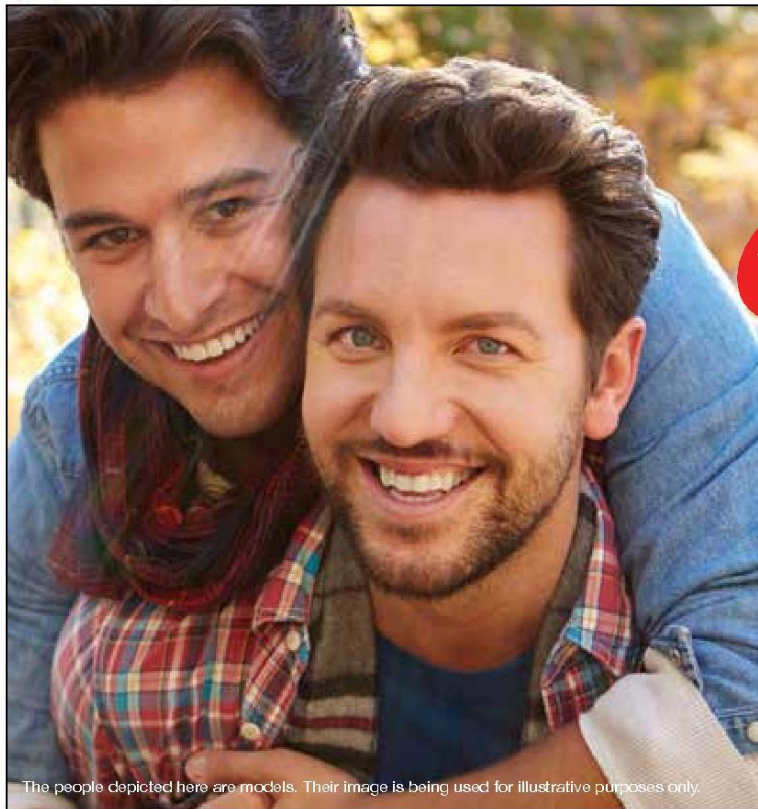


Photo by Michele Maniscalco

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Bee

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waited, I took in the urban Garden of Eden feel: the green lushness of the foliage, the riot of color and variety of the flowers, vegetables and herbs and the fresh fragrances of lavender, tomatoes and more.

Around 3:00 PM, independent, New York based Christina Holmes and an assistant met Wilson-Rich, Best Bees founder and chief scientific officer; Paige Mulhern, head of Best Bees’ custom hiveshop; chief operating officer Sean T. Cahill; and Bud Larievy, a longtime Northampton gardener and Washington Gateway Main Street board member for a two-hour plus shoot that showcased apiary innovator Wilson-Rich and his company in a three-page spread in Martha Stewart Living Magazine’s

April issue. Holmes and her assistant busily and meticulously set up shots, moving superfluous items out of view and setting up one of Mulhern’s creations, a charmingly decorated, country-style hive to be photographed in one of the garden plots. Larievy explained how the Northampton Street garden was chosen for the shoot.

“We are the closest garden to the beehive group and their bees support the pollination of our garden and produce the honey that they harvest. They want to give us a hive, but the [Trustees of Reservations] regulations won’t allow it. Interesting,” Larievy said in an e-mail.

Best Bees brings hives to private homes, restaurants, office buildings and other settings. According to Wilson-Rich, beehives tend to be more successful in urban rather than rural

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Photo by Michele Maniscalco



THE TAKE

WITH SUE O'CONNELL

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USES

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program for inner city youths, and check out this outcome:

"92% of our campers report feeling more independent after their camp experience, and 82% report improving their teamwork skills."

I'm so excited to be supporting USES and their programs, like Camp Hale, so we can have more impressive "kids these days"! Thanks for supporting me in this effort! I'm in it to win it, starting down my \$12,500 goal. I'll finish it, just like I will finish the marathon in 8 days!

Donate to Team USES here: www.crowdfunder.com/fundraiser/campaign-updates/1154918#/status/10

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Dog Lady

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throwing theories against the wall because none of them stick. Just love your Lula for the genius she is.

Dear Dog Lady,

I read this interview with a fashion designer/celebrity who talked about his dog in People magazine. I was disappointed in what he had to say about his dog and visitors to his house. Here's what the celebrity said: "People come to my house and they get bitten and barked at and terrified, and they run away screaming. (My dog) is kind of a monster."

The celebrity continues: "I tend to not be the best disciplinarian in the world. I [shouldn't] say no and yet be laughing hysterically while (the dog) is chewing somebody's Prada sweater. I have to figure out how I can get him to stop barking in a very humane, nice way. I don't know how to do it, frankly, and it's driving me mad."

—Claudia

Dear Claudia,

Actually, this sort of off-the-cuff cutesy complaining about dogs chewing, terrifying people, barking and biting makes Dog Lady sad. Even in celebrity-land, it's so not amusing when a dog chews a Prada sweater or chases guests from the house. You are very right to be disappointed by these reckless remarks.

Dog misbehavior isn't funny when it hurts other

people. Dog misbehavior caused by human laziness is sad. It's the reason many dogs are abandoned or wind up in shelters. Nothing to laugh at or joke about.

Dear Dog Lady,

My dog Gigi is a Shih Tzu-poodle mix. She's one-year-old and is the most loving, gentle, playful puppy ever. She is very attached to my fiancé, my son and myself. She is very people-friendly. Our only problem is she can't stand other dogs. She refuses even to face them. For example, my niece brought her Yorkshire terrier, Pixie, over the other day. Gigi was so upset that she went into her cage and faced the corner, growling quietly until we put Pixie back into her own carrier. Pixie is ever so sweet. I don't understand why Gigi didn't want to play with her. Do you have a clue?

—Janet

Dear Janet,

Dogs don't always show hospitality to dogs that trespass on their turf. You should have introduced Gigi and Pixie outdoors on neutral territory, with both dogs on leashes, or in an area where they could run free together.

After a lot of exposure outdoors, your dog might tolerate another one indoors but don't expect miracles — unless you are prepared to socialize your dog. This means introducing Gigi to canine society on walks and in outdoor areas such as dog parks where she can sniff and be sniffed by other dogs. She needs to develop a healthy regard for her own species.

Dear Dog Lady,

Buffy was a pup when we got her from the Animal Rescue League in Anthony, New Mexico. When we saw her we just fell in love with her. She was so tiny and everyone thought she was a Yorkshire terrier. As it turned out, she's a terrier mix and now weighs about 45 to 50 pounds. When she was a pup, she was very friendly and loved people. She would play and jump and let anyone hold or pet her.

Since we moved back up to New England from Texas, her personality changed. She has become a nipper and growls at visitors to our home. She will let someone hand feed her snacks, but no one can pet her. Any idea as to why this is happening? We've been back here for nearly eight years now and this behavior has slowly gotten worse. To me, she's being protective. Am I wrong?

—Denyce

Dear Denyce,

Like people, dogs change as they age. Some become grumpy; others grow mellow. Buffy might have a case of the grumpies. Do you walk her daily? You must exercise Buffy because dogs resolve an abundance of issues with vigorous work outs.

If Buffy accepts food hand-outs without nipping, your terrier mix has a hungry heart and a trusting inclination. However, advise potential petters to ignore her.

Visit askdoglady.com and read the new blogs, "Shorty Knows" and "Dex and the City."

Blackstone

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"At Playworks New England, we are working to transform recess into a place where all students are given the opportunity to feel included, be active, and build valuable conflict resolution, social, and emotional skills needed to thrive in the classroom and beyond," says Jonathan Gay, Playworks New England Executive Director. "We are grateful to all of our school partners who allow us to work with their students and staff members to ensure that all youth have a place on the playground."

For the third consecutive year, Positive Tracks is the event's Presenting Partner. The sports-based youth development organization

empowers youth to get active and give back. The nonprofit assists Playworks New England with supporting youth participants by providing FREE hands on help, advocacy tips, and team building tools to help youth use their own minds and muscle to help causes they care about. In addition to helping kids learn how to sweat for good, Positive Tracks matches all money raised by Playworks Run for Recess 5K youth participants ages 23 and under. Additionally, Playworks is honored to have New Balance and Social Boston Sports join as event sponsors. For 10 years, New Balance has been the premier movement partner for Playworks New England.

Participants can choose from one of two running routes along the Franklin Park Playstead Field. All runners will get a Playworks goodie bag. The first 400 runners registered will receive a free Playworks t-shirt. An award

presentation for the top three finishers will take place at the conclusion of the race. All participants will receive certificates.

Registration and start times are as follows:

- Pre-Registration and Registration opens at 8:30 a.m.
- One Mile Fun Run begins at 10 a.m.
- 5K Run for Recess begins at 10:30 a.m.
- Recess 12:00pm - 1:00pm

All ages welcome. Registration fees range from \$10 to \$50, dependent upon route and group packages. All fees increase by \$5 for onsite at Franklin Park. To register for the 8th Annual Playworks Run for Recess 5K on May 20, to support a school team, or to volunteer, visit: <https://www.playworks.org/communities/massachusetts/events/8th-annual-playworks-run-recess>. For further questions, contact Karleen Herbst, Playworks New England Development Manager, at kherbst@playworks.org or call (617)-708-1734.

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In the matter of: Kathryn Elizabeth Barnes Of: Boston, MA			
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Kathryn E. Conlon			
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WITNESS, Hon. Joan P. Armstrong, First Justice of this Court. Date: March 31, 2017 Ann Marie Passanisi, Register of Probate			

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Bee

Continued from page 2

environments, owing to the density of community gardens, parks and green spaces and the variety of plants. Even the lowly weeds that grow along sidewalks and in vacant lots can provide the bees with important dietary sources.

Now serving clients all over New England and in cities across the country including New York, Washington, DC, Denver and San Francisco, Best Bees puts its profits into its affiliated non-profit organization, Urban Beekeeping Laboratory and Bee Sanctuary, whose research is dedicated to promoting bee health and strategies to ensure the continued survival of honeybees, whose numbers have been gravely threatened by illness and other factors in recent years.

Wilson-Rich, Cahill and Mulhern might seem unlikely candidates for a bee-centered business given their earlier backgrounds. Wilson-Rich was born in Manhattan and raised in Connecticut in a family that was repelled by bugs, but developed an engrossing fascination with the socially-organized pollinators in high school. Cahill's undergraduate and graduate studies at University of Vermont encompass an impressive range of humanities and social sciences including German literature, political science, history, English and philosophy. In the course of his career and his travels, Cahill acquired a knowledge of commercial trade, import/export and government contracts as well as software coding, the latter enabling him to create Bzzz, Best Bees' data system.

Mulhern, a 2014 graduate of Massachusetts College of Art and Design with a Bachelor's of Fine Arts in Illustration and Design, focused on bees in her BFA thesis. "When I started honing in on topics for my thesis, I found pollination to be fascinating and the interdependence between flowers and animals. Once I started delving into the topic, I became very passionate about bee decline. At first I thought I would be focusing more on the poetic aspect, but my piece started to take a turn toward the decline of honeybees as well as the magic of them."

She began at Best Bees as receptionist but soon rose to her current position, lending her artistic skills to provide unique hive designs for Best Bees clients. Mulhern initially went along to the photo shoot to assist Wilson-Rich, but photographer Holmes decided spontaneously to include her as a model. Mulhern quickly went home and changed into a demure, print dress. As an art student, she modeled for classmates frequently. "I was fairly comfortable with it, but it came as a surprise that day."

Despite the heat of the day and a few bee stings incurred during the afternoon, Holmes seemed to enjoy the assignment. She commented via e-mail, "It's always nice to capture portraits of those we are telling the story about as a main visual in the feature. I think Paige's natural look along with what she does for a living, effortlessly building these hives with natural elements, all tied together well. As the photographer, I'm also directing the visuals, so this was just a bit of an executive decision to make sure we had a nice portrait of them both to help tell the story."

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Pet of the Week

Lina

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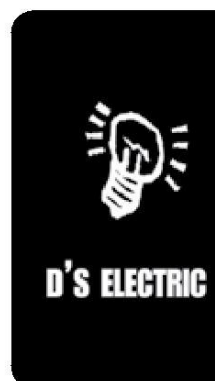
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ONE NEWCOMB PLACE

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6:30 PM - 8:00 PM

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PROJECT PROPONENT:
Urban Core Development, LLC and Boston Real Estate Collaborative, LLC

PROJECT DESCRIPTION:
The proposal to construct a six-story, residential development totaling approximately 24,655 square feet. The proposed project will have twenty-three (23) rental units including three (3) IDP Units.

MAIL TO: **JOHN CAMPBELL**
Boston Planning & Development Agency
One City Hall Square, 9th Floor
Boston, MA 02201
PHONE: 617.918.4282
EMAIL: John.Campbell@Boston.gov

CLOSE OF COMMENT PERIOD:
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