MLK Day of Action
There are times when you must take a stand

By Lie Sternhauser
St. Stephen’s Youth Program

In a country increasingly divided by race, war, and wealth, people are desperately seeking leadership that speaks of love. This intersection of times is not only what we are facing in Boston this year, but also what the Rev. Dr. Martin Luther King Jr. was facing when he stepped to the podium in Atlanta to give his 1967 speech often called, “The Three Evils of Society.”

King addressed the challenge of keeping the dream alive, even in the face of adversity. He urged us to remember that true leadership is about love, not hate.

Volunteers improve the library at the Blackstone School during the 2019 MLK Day of Action.

BMC Turns TEDx

Submitted by BMC

TEDxBeaconStreet hosted a health-focused event on January 7 on the Boston Medical Center and Boston University School of Medicine campus—a hub of Boston’s medical innovation. With a group of 15 world-class speakers from around the country, the forum highlighted new perspectives and innovative ways to tackle the healthcare crisis, from policy reforms and economic impact to a focus on what it means to be a patient and the social determinants of health.

Dr. Carl Street, clinical investigator for BMC’s Center for Transgender Medicine & Surgery.

The Cake

Lyric Stage Company of Boston, through February 9. 617-586-5978 or lyricstage.com

Is baking an art? Certainly legends like Jacques Pépin and the late great Julia Child would wholeheartedly say that it is. Perhaps Della, the fictional practitioner in the Bekah Brunstetter play "The Cake"—now in its Boston debut at the Lyric Stage Company of Boston—would agree. The owner of The Cake, a neighborhood bakery, must navigate the challenges of running a business while dealing with the complexities of family and community.

Continued on page 4

ASK DOG LADY

Advice on Pets, Life, Love

By Monica Collins

Dear Dog Lady,

Good morning! I have read your column and have a different slant on the woman who walks with the dog.

The woman who walks with the dog is a model of respect for the environment, leaving it behind in a way that is satisfying and pleasing.

—Clare

Continued on page 3

Check us out online at
www.mysouthend.com
twitter.com/SouthEndNews
facebook.com/SouthEndNews
WALK-IN BATHTUB SALE! SAVE $1,500

American Standard
Walk-in Tubs

AS SEEN ON TV

One-Touch Controls
Hand Held Shower
Low Threshold
Comfort & Safety
44 Hydrotherapy Jets

Lifetime Warranty! Finance Options Available*

✓ EXPERIENCE YOU CAN TRUST!
Only American Standard has OVER 140 years of experience and offers the Liberation Walk-In Bathtub.

✓ SUPERIOR DESIGN!
Ultra low easy entry and exit design, wide door, built-in safety bar and textured floor provides a safer bathing experience.

✓ PATENTED QUICK-DRAIN® TECHNOLOGY

✓ LIFETIME WARRANTY!
The ONLY Lifetime Warranty on the bath AND installation, INCLUDING labor backed by American Standard.

✓ 44 HYDROTHERAPY JETS!
More than any other tub we’ve seen.

FREE! Savings Include an American Standard Right Height Toilet FREE! ($500 Value)
FREE! An In-Home Evaluation Will Be Scheduled At Your Earliest Convenience

Limited Time Offer! Call Today!

1-888-885-8003
Or visit: www.walkintubinfo.com/sen

Discount applied at time of purchase. Terms and Conditions Apply. * Subject to 3rd party credit approval. Minimum monthly payments required. Receive a free American Standard Cadet Toilet with full installation of a Liberation Walk-In Bath, Liberation Shower, or Deluxe Shower. Offer valid only while supplies last. Limit one per household. Must be first time purchaser. All offers subject to change prior to purchase. See www.AmericanStandardBathtubs.com for other restrictions and for licensing, warranty, and company information. ©CSLB 0882796, Suffolk NY 11790; NYC HCA0202746-JCA, Safety Tubs Co., LLC does not sell in Nassau NY, Westchester NY, Putnam NY, Rockland NY.
Dog Lady
Continued from page 1

Dear Clay,
Thank you for your letter, which is a great topic to start the New Year—even if you disagree with “Ask Dog Lady” for the wilder advice Dog Lady dispensed when dealing with a walking friend who does not pick up after her dog. Actually, Dog Lady realizes her initial response should have been stronger and follows your “take me prisoner” approach. Dog Lady would only add this: Pick up always and always pick up with a biodegradable bag so we don’t pollute the planet with dog poop wrapped in plastic. Dog Lady uses BioBags, a very good disposable bag brand available through chewy.com.

— Eliza

Dear Eliza,
My parents have a Sheepoo (cross between a poodle and a Shih Tzu) that has these bumps on her. The vet says these are yeast that burn. This doesn’t seem right. These bumps are small and circular and they break open and bleed. She is groomed regularly and they have tried washing her food thinking that it is the issue, they are also one of those dogs that are dander-less. My parents do give her human food once in a while. Any thoughts on what this may be?

— Edna

Dear Edna,
Shouldn’t the dog called a Shihpoo? Actually, if you have to write “Ask Dog Lady” about blisters/bumps on a cute little dog, you are barking up the wrong tree. Dog Lady is not a vet nor does she play one in any medium. You need to steer your parents to a new veterinarian pronto. Also, tell them to stop giving human food immediately. Find dog food that is anti-allergic. Dog Lady recommends two brands: Solid Gold and Newman’s Own Organics. There are others, of course, but these two are dependable good. This little dog needs an intervention. You’re in a great position to help.

— Betsy

Dear Dog Lady,
The other day, I was sitting at Starbucks and overhead a woman urging her friend to “walk your inner dog” that got me thinking. Do all of us have inner dogs? So, are we they telling us?

— Betsy

Dear Betsy,
Naturally, we all have inner dogs. (C’mon what else would Dog Lady say?) These inner dogs tell us to finish everything in our bowl, sniff out possibilities, keep at the moment, and move up the world. To “walk your inner dog” means to step out into the world confidently and happily, although “unleash your inner dog” sounds a more exuberant note. And this reminds Dog Lady to wish “Happy New Year” to all dear readers.

Write: askdoglady@gmail.com.

Commonwealth Care Alliance (CCA)
Senior Care Options Program (HMO SNP) is a coordinated care plan with a Medicare contract and a contract with the Commonwealth of Massachusetts/EOHHS Medicaid program. Enrollment in the plan depends on contract renewal to provide benefits for both programs to enrollees. CCA complies with applicable Federal civil rights laws and does not discriminate based on race, ethnicity, national origin, religion, gender, gender identity, age, age, mental or physical disability, health status, claims experience, medical history, genetic information, evidence of insurability or geographic location. ATENCION: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 886-610-2273 (TTY 711). ATENÇÃO: Se fala português, encontram-se disponibilizados serviços linguísticos, grátis. Ligue para 886-610-2273 (TTY 711).
News from...

Blackstone/Franklin Square Neighborhood Association

The Blackstone/Franklin Square Neighborhood Association General Meeting will be held on Tuesday, January 21st, 2020 at 7:00 p.m., at DH Police Station, 2nd Floor Community Room, 650 Harrison Avenue.

AGENDA

Join us for our next general business meeting. Bring your friends and neighbors, and participate in the discussion. Our agenda will include the following:

7:00 p.m. Welcome and announcements (BFSNA board).

7:10 p.m. Treasurer’s Report.

7:15 p.m. Public Safety update (BFD and Jonathan Alves).

7:20 p.m. Introducing the Alexandra-Ball Neighborhood Association. The “Alexandra-Ball Neighborhood Association” is a brand-new organization formed to advocate for residents living on the other side of Mass Ave, from us, in the area bounded by Harrison and Shawmut avenues and over to Ball Street (next to Jim Rice Field) and the area of the Boston Water & Sewer Commission building. ABNA representatives will talk about concerns and issues in that part of the neighborhood and we’ll discuss shared priorities.

7:35 p.m. Update from the City’s “Maro/Can 2.0” (Chief Marty Martinez). City of Boston Health & Human Services Chief Marty Martinez will be back to discuss progress to date on the City’s “Maro/Can 2.0” initiative to address the challenges of homelessness and addiction in the South End, including heightened services for people affected and better mitigation of public safety and quality of life impacts on residents. As always, questions and comments will be welcome.

Note: The City of Boston’s Maro/Can Task Force (an advisory group to the City, representing services providers, institutional stakeholders, and residents in the South End/Newmarket area and beyond) had its first session in December and will meet monthly going forward. BFSNA has a seat on this panel and we hope you’ll consider attending and commenting, particularly if you have any questions or concerns you’d like raised there. Please see us at www.facebook.com/blackstone-franklin-

To bring in the cities’ clear threat of strangers a factor as striking in the usual homolopla explanation.

Baldness does provide balance with considerable dialogue about both John’s complicit family dynamics and Macy’s back story. At the wedding day approaches, though, the plotting and Dell’s decisions seem less convincing. Is Della really open to change? Does Tim’s surprise for Della constitute genuine and/or free or a predictable device? Note that standing cake, can fuse be a real understanding between Della and Meg if the secret is that the former hates her? These questions are likely to prove nuggets for some theatregoers.

Under director O’Connor’s careful guidance, there should be no question that the pacing is sharp and the cast fine-tuned. Karen MacDonald — always one of the Hall’s peerless actresses — is a true standout. In body language and accent as well as a blend of family eating and choreography, she proves powerfully watchable in a kind of flawed Everywoman. Fred Silverman, Jr. has all of Tim’s judgmental posture and coarseness. As master performers, they improve upon the couple’s otherwise somewhat conventional bedroom scenes. Chelsea D’Heil captures Jean’s heart as well as her frustrations. Kris Saltz finds all of Macy’s fire and feeling. D’Heil and Saltz have all the naturalness of soon-to-be newlyweds.

Near the end of the play, Della quotes the first Corinthean’s observation that “Love is always hard.” Indeed, “Foe Cake” needs stronger texture and more satisfying to the audience than the title confection represents.

The Blackstone/Franklin Square Neighborhood Association is a neighborhood organization formed to advocate for residents living on the other side of Mass Ave, from us, in the area bounded by Harrison and Shawmut avenues and over to Ball Street (next to Jim Rice Field) and the area of the Boston Water & Sewer Commission building. ABNA representatives will talk about concerns and issues in that part of the neighborhood and we’ll discuss shared priorities.

7:35 p.m. Update from the City’s “Maro/Can 2.0” (Chief Marty Martinez). City of Boston Health & Human Services Chief Marty Martinez will be back to discuss progress to date on the City’s “Maro/Can 2.0” initiative to address the challenges of homelessness and addiction in the South End, including heightened services for people affected and better mitigation of public safety and quality of life impacts on residents. As always, questions and comments will be welcome.

Note: The City of Boston’s Maro/Can Task Force (an advisory group to the City, representing services providers, institutional stakeholders, and residents in the South End/Newmarket area and beyond) had its first session in December and will meet monthly going forward. BFSNA has a seat on this panel and we hope you’ll consider attending and commenting, particularly if you have any questions or concerns you’d like raised there. Please see us at www.facebook.com/blackstone-franklin-

To bring in the cities’ clear threat of strangers a factor as striking in the usual homolopla explanation.

Baldness does provide balance with considerable dialogue about both John’s complicit family dynamics and Macy’s back story. At the wedding day approaches, though, the plotting and Dell’s decisions seem less convincing. Is Della really open to change? Does Tim’s surprise for Della constitute genuine and/or free or a predictable device? Note that standing cake, can fuse be a real understanding between Della and Meg if the secret is that the former hates her? These questions are likely to prove nuggets for some theatregoers.

Under director O’Connor’s careful guidance, there should be no question that the pacing is sharp and the cast fine-tuned. Karen MacDonald — always one of the Hall’s peerless actresses — is a true standout. In body language and accent as well as a blend of family eating and choreography, she proves powerfully watchable in a kind of flawed Everywoman. Fred Silverman, Jr. has all of Tim’s judgmental posture and coarseness. As master performers, they improve upon the couple’s otherwise somewhat conventional bedroom scenes. Chelsea D’Heil captures Jean’s heart as well as her frustrations. Kris Saltz finds all of Macy’s fire and feeling. D’Heil and Saltz have all the naturalness of soon-to-be newlyweds.

Near the end of the play, Della quotes the first Corinthean’s observation that “Love is always hard.” Indeed, “Foe Cake” needs stronger texture and more satisfying to the audience than the title confection represents.
MLK
Continued from page 1

Legumes of racism, poverty and militarism, saying, “And there are times when you must take a stand that is neither safe nor popular, but you must do it because it’s right.”

On Monday, January 21, members of the St. Stephen’s community along with dozens of partner organizations will be following King’s example by taking a stand during their tenth annual MLK Day of Action. Close to 200 volunteers from the South End neighborhood, suburban churches and synagogues, professional groups and non-profit organizations will come together with Blackstone School faculty for a morning of work projects to shower love (and some paint) on the school. There will also be projects to improve St. Stephen’s after-school program space.

Following a luncheon of tasty food, stimulating conversations about King’s legacy, and inspirational words from City Councilor Ed Flynn, there will be a teach-in focused on the issues faced by immigrant students in the Boston Public Schools. Trainers from Unafraid Educators and the Student Immigrant Movement, along with teachers from St. Stephen’s, will be equipping participants to work together to ensure immigrant BPS students both feel safe and are safe.

The Blackstone Elementary School is just this sort of learning community, a place where all students feel safe and can focus on learning and academic achievement. This is largely thanks to the dedicated work of the school’s administration, teachers, and staff, many of whom will be coming to the MLK Day of Action on what would otherwise be a day off from work. Teachers and volunteers will be beautifying classrooms. Parents of students will be sorting through donations for the school’s classroom closet of clothes, food, and hygiene products. College students will be painting murals with inspirational messages on walls and ceilings. By the end of the day, there will be many more images of the school’s mascot, Shammy the Shark, around the hallways of the school.

The Blackstone’s Family and Community Engagement Coordinator, Lauren Blonde, sees how the day builds up a community of love. “MLK Day is an opportunity for volunteers and participants to bring to life our school’s guiding principle of Ubuntu, which means ‘I am because you are.’ We are all connected because we value equality and we want our students to succeed,” said Blonde. “We are honoring King’s legacy with what we will do on this day,” she added.

Recently, it became public that BPS has shared the information of more than 130 students with Immigration Customs and Enforcement (ICE), jeopardizing these young people’s safety and futures. To help our schools be safe havens for students, trainers will be asking participants to sign and spread a petition that will ask BPS to have clear communication with families before their information is shared with the Boston Police Department, which often leads to reports to ICE. The petition also requests more training for administrators and Boston School Police, among other demands. The petition can be found at bit.ly/NoICEInBPS.

St. Stephen’s Youth Programs Teen Organizer Nikki Jean-Charles is among those excited to be part of the MLK Day of Action. She believes caring for students by making their classrooms sparkle is one of the right things to do. So is taking a stand to protect immigrant students.

“I want to surround myself with a community that is ready to learn and spread peace the way King taught,” said Jean-Charles. “I want to be part of the new generation of leaders, educating others to build a better future and continuing the fight for civil rights.”

To join this community of leaders at the MLK Day of Action, which starts at 9:30am at the Blackstone Elementary School, 380 Shawmut Avenue, sign up at tinyurl.com/SSYPMLK2020. For more information, contact lew@ssygboston.org.

To learn more about St. Stephen’s Youth Programs, visit www.ssygboston.org or drop in by 419 Shawmut Avenue.

We are grateful for the Massachusetts Service Alliance, which is helping to fund and support the MLK Day of Action.
SERVICE GUIDE

CONSTRUCTION - GENERAL - REMODELING

The Dependable Handyperson

FINE PAINTING AND REFINISHING
SMALL REPAIRS AND RENOVATIONS
DECK AND GARDEN WORK

Call Jean at 617-236-1795
dependablehandy@aol.com

ROOFING

McDonnell Roofing, Co.
Roofing Specialist

Fully Insured
Slate and Copper Work - Rubber Roof Systems
Shingles and Gutters - Repairs - Lic. Contractor Reg. #100100

617-288-3448
Free Estimates • Over 40 years of experience
McDonnellRoofingBoston.com

MASONRY

P. Stones Contracting, Inc.

Specializing in Historic Restoration,
Brick Repointing, Brick, Block, Stone,
Basement Floors, Caulking & Waterproofing.

Ornamental window sills, window headers and moldings,
Fully Licensed and Insured, 15 years of satisfied customers and referrals.

Office: 781-848-6922 • Fax: 781-848-6923
Cell: 617-592-0850 • pstonescontracting@hotmail.com

CONSTRUCTION - GENERAL - REMODELING

BRUNO GUERRIERO CONSTRUCTION, INC.

Water Proofing Solutions
Basements • Facades • Chimneys

COMPLETE MASON CONTRACTOR
Custom Brick, Stone Work
& Brick Pavers

ALL TYPES OF REPAIRS
AND RESTORATIONS

Brownstone Repair • Stairs Restored • Sea Walls • Storm Damage

BrunoGuerrieroConstruction.com • brunoguerriero10@gmail.com

South End News
is now on facebook!

facebook.com/southendnews

Get local and advertise your property in the South End News.

Call Jeff at (617) 464-7280 ext. 202 or email: sales@southendnews.com.
feeling patient outcomes. The event featured speakers from BMC and BUSM as well as from Johns Hopkins, the Albert Einstein College of Medicine, and the US Digital Service and Centers for Medicare & Medicaid Services. All talks were recorded and will be shared on the TEDx platform.

Marty Makary, chief of Johns Hopkins liver transplant center and health policy advocate

---

**Community Meeting**

**PLAN: Nubian Square**

**Nubian Square Workshop**

**Monday, January 27**

6:00 PM - 7:45 PM

980 Harrison Ave

2nd Floor Training Room

Roxbury, MA 02119

**Event Description**

The January PLAN: Nubian Square workshop will build upon previous PLAN: Nubian workshops and will focus on the Campus High Urban Renewal Plan, which Crescent, Malcolm X & Putnam, and P3 are all a part of. We will discuss the history of the urban renewal plan, how it impacted the area, and how it is discussed in relation to PLAN: Nubian Square. We will also be discussing the urban design guidelines for Crescent Parcel, and Malcolm X and Putnam Parcels.

As with all previous workshops, feedback provided will be taken into consideration for incorporation into the RFP documents. Throughout the evening there will be opportunities for attendees to engage in dialogue with City and BPDA team members, regarding urban renewal and urban design guidelines.

**Contact:**

Mugu Undemir
Boston Planning & Development Agency
One City Hall Square, 5th Floor Boston, MA 02201
617.918.4488 | mugy.undemir@boston.gov

bostonplans.org | @bostonplans

---

**THE SOUTH END COMMUNITY HEALTH CENTER**

INVITES YOU TO JOIN US FOR OUR

**2020 ANNUAL MEETING**

**WEDNESDAY, JANUARY 29, 2020**

6:00pm

at the South End Community Health Center

1601 Washington Street (3rd Floor), Boston, MA

**Please confirm your attendance**

RSVP at development@sechc.org

Light refreshments will be served.

---

Where will you live until you can call this ‘Home’ again? Your association policy won’t cover your additional living expenses. Condo owners NEED Personal Condominium Insurance for that. Aside from replacing your personal property, it will help you with rent, while you’re still paying your mortgage. Contact us.

**JJBodner**

Insurance Agency of Boston

617-437-9400 • www.jjbodner.com • 8 Clarendon St. Boston
TWO SOUTH END LOCATIONS

House of Siam

Open for Lunch & Dinner
Come Experience our Beautiful Dining Room and the Freshest Thai Cuisine in Boston

592 Tremont St. (near Dartmouth Street)
Take out is available from 11:30 a.m. to 11:00 p.m. daily
617.267.7426

542 Columbus Avenue
617.267.1755