MLK Day of Action
There are times when you must take a stand

BY LIE STEINHAUSER
St. Stephen’s Youth Program

In a country increasingly divided by race, war, and wealth, people are desperately seeking leadership that speaks of love. This intersection of issues is not only what we are facing in Boston in 2020, it is also what the Rev. Dr. Martin Luther King, Jr., was facing when he stepped to the podium in Atlanta to give his 1967 speech often called, “The Three Evils of Society.”

King addressed the challenge. Volunteers improve the library at the Blackstone School during the 2019 MLK Day of Action

Continued on page 5

BMC Turns TEDx
SUBMITTED BY BMC

TEDxBeaconStreet hosted its first healthcare-focused event on January 7 on the Boston Medical Center and Boston University School of Medicine campus—a hub of Boston’s medical innovation. With a group of 13 world-class speakers from across the country, the forum highlighted new perspectives and innovative ways to tackle the healthcare crisis, from policy reform and economic impact to a focus on what it means to be a patient and the social determinants of health at large.

Continued on page 7

The Cake needs more time in the oven

The Cake
Lyric Stage Company of Boston, through February 9. 617-266-5078 or lyricstage.com

BY JULIE BECKER

Is baking an art? Certainly legends like Jacques Pepin and Ina Garten feel that way. Perhaps Della, the fictional practitioner in the Bekah Brunstetter play “The Cake”—now in its Boston debut at the Lyric Stage Company of Boston—would agree. The owner of The Cake would have a cake for everyone. Is it baking an art? It depends on who’s doing the baking.

Continued on page 4

ASK DOG LADY
Advice on Pets, Life, Love

BY MONICA COLLINS

Dear Dog Lady,

Good morning. I have just read your column and have a different slant on the woman who walks with the dog whose owner refuses to pick up after her dog. I cannot imagine even continuing to walk with her and her dog.

I would tell her I would meet her socially without the dogs but until she picks up after her dog, I just can’t be her dog friend. Sorry but it’s the way I feel as a dog owner. I don’t even like walking my dog and seeing someone has left dog feces without picking it up makes that person just not worth a second look. Picking up after your dog is a matter of respect for the environment, leaving it behind is disgusting.

—Clare

Continued on page 3

Check us out online at
www.mysouthend.com
twitter.com/SouthEndNews
facebook.com/SouthEndNews
WALK-IN BATHTUB SALE! SAVE $1,500

American Standard
Walk-in Tubs

As Seen on TV

One-Touch Controls
Hand Held Shower
Low Threshold
Comfort & Safety
44 Hydrotherapy Jets

Lifetime Warranty! Finance Options Available

✓ EXPERIENCE YOU CAN TRUST!
Only American Standard has OVER 140 years of experience and offers the Liberation Walk-In Bathtub.

✓ SUPERIOR DESIGN!
Ultra low easy entry and exit design, wide door, built-in safety bar and textured floor provides a safer bathing experience.

✓ PATENTED QUICK-DRAIN® TECHNOLOGY

✓ LIFETIME WARRANTY!
The ONLY Lifetime Warranty on the bath AND installation, INCLUDING labor backed by American Standard.

✓ 44 HYDROTHERAPY JETS!
More than any other tub we’ve seen.

FREE!
Savings Include an American Standard Right Height Toilet FREE! ($500 Value)

FREE!
An In-Home Evaluation Will Be Scheduled At Your Earliest Convenience

Limited Time Offer! Call Today!

1-888-885-8003

Or visit: www.walkintubinfo.com/sen

Discount applied at time of purchase. Terms and Conditions Apply. *Subject to 3rd party credit approval. Minimum monthly payments required. Receive a free American Standard Cadet Toilet with full installation of a Liberation Walk-in Bath, Liberation Shower, or Deluxe Shower. Offer valid only while supplies last. Limit one per household. Must be first time purchaser. All offers subject to change prior to purchase. See www.AmericanStandardBathtubs.com for other restrictions and for licensing, warranty, and company information. *CSLB BB22796, Suffolk, NY 11792; NYC HPO 2022746-DCA, Safety Tubs Co., LLC does not sell in Nassau, Westchester, Putnam, and Rockland, NY.
A health plan designed to keep seniors living independently at home.

Senior Care Options (SCO) from Commonwealth Care Alliance®

Over 68% of the members in our SCO health plan qualify for nursing homes, but live safely in their own homes with our care and support. Our comprehensive approach brings together primary care, behavioral health and social services, even medical care at home as needed. And when you enroll, you'll choose doctors from our large network, including many right in your community.

Care that's seamless. That's uncommon care. That's Commonwealth Care Alliance.

65+ and eligible for MassHealth Standard?
Learn more about CCA Senior Care Options.
Toll-Free: 800-CALL-CCA (800-225-5222) TTY 711
8 am - 8 pm, 7 days a week
FAX 617-830-0634
CCASCO.org
30 Winter Street, Boston MA 02108

© 2020 Commonwealth Care Alliance

Dog Lady
Continued from page 1

Dear Clare,
Thank you for your letter, which is a great topic to start the New Year—even if you disagree with “Ask Dog Lady” for the wilder advice. Dog Lady dispensed when dealing with a walking friend who does not pick up after her dog. Actually, Dog Lady realizes her initial response should have been stronger and files your “lack of procedure” approach. Dog Lady would only add this: Pick up always and always pick up with a biodegradable bag so we don’t pollute the planet with dog poop wrapped in plastic. Dog Lady uses BioBags, a very good degradable bag brand available through chewy.com.

Dear Dog Lady,

My parents have a Sheepoo (cross between a poodle and a Shih Tzu) that has these bumps on her. The vet says these are visible that burst. This doesn’t seem right. These bumps are small and circular and they break open and bleed. She is groomed regularly and they have tried washing her food thinking that it is it and also one of those dogs that dander-less. My parents do give her human food once in a while. Any thoughts as to what this may be?

— Eliza

Dear Eliza,
Shouldn’t the dog be called a Shihpoo? Actually, if you have to write “Ask Dog Lady” about blinding bumps on a cute little dog, you are lowering your game too. Dog Lady is not a vet nor does she play one in any medium. You need to steer your parents to a new veterinarian pronto. Also, tell them to stop giving human food immediately. Find dog food that is anti-allergic. Dog Lady recommends two brands: Solid Gold and Neuman’s Own Organics. These are others, of course, but these two are definitely good. This little dog needs an intervention. You’re in a great position to help.

Dear Dog Lady,
The other day, I was sitting at Starbucks and overheard a woman urging her friend to “walk your inner dog.” That got me thinking. Do all of us have inner dogs? If so, what are they telling us?

— Betsy

Dear Betsy,
Naturally, we all have inner dogs. (Can you what she would say?) These inner dogs tell us to finish everything in our bowl, sniff out possibilities, keep at the moment, and leave our mark all over the world. “Walk your inner dog” means to step out into the world confidently and happily, although “unleash your inner dog” sounds a more exultant note. And this reminds Dog Lady to wish “Happy New Year” in all dear readers.

Write: askdoglady@gmail.com.
Blackstone/Franklin Square Neighborhood Association

The Blackstone/Franklin Square Neighborhood Association General Meeting will be held on Tuesday, January 21st, 2020 at 7:00 p.m., at DH Police Station, 2nd Floor Community Room, 650 Harrison Avenue.

AGENDA

Join us for our next general business meeting. Bring your friends and neighbors, and participate in the discussions. Our agenda will include the following:

7:00 p.m. Welcome and announcements (BFNSA Board).
7:10 p.m. Record keeping (Matt Mues) - Treasurer's Report.

7:15 p.m. Public Safety update (BFD and Jonathan Alves).
7:20 p.m. Introducing the Alexandria-Ball Neighborhood Association. The "Alexandria-Ball Neighborhood Association" is a brand-new organization formed to advocate for residents living on the other side of Main Ave., from us, in the area bounded by Harrison and Shamus streets and over to Ball Street (next to Jim Rice Field) and the vicinity of the Boston Water & Sewer Commission building. ABNA representatives will talk about concerns and issues in that part of the neighborhood and we’ll discuss shared priorities.
7:35 p.m. Update from the City on "Maso/Carl 2.0" (Chief Marty Martinez). City of Boston Health & Human Services Chief Marty Martinez will be back to discuss progress to bring in the cities’ clear threat of strangers as a factor as striking in the usual homosexual explanation.

Restaurant does provide balance with considerable dialogue about both Jen’s complicated family dynamics and Macy’s back story. As the wedding approaches, though, the plotting and Dell’s decisions-making seem less convincing. Is Dell really open to change? Does Tim’s surprise for Dell conceal genuine good or a predictable device? Not standing cake, can be viewed as a real understanding between Della and Meg if the later tells that the former hates her? These questions are likely to prove nagging for some theatregoers.

Under director O’Connor’s careful guidance, there should be no question that the pacing is sharp and the cast finds its feet. Karen MacFarland—always one of the Hol’s premier actresses—is a true standout. In body language and accent as well as a blend of family caring and chauveness, she proves commanding and watchable as a kind of flawed Everywoman. Fred Silverman, Jr. has all of Tim’s judgmental posture and coarseness. As master performers, they improve upon the couple’s otherwise somewhat conventional bedroom scenes. Chelsea Diehl captures Jen’s heart as well as her frustrations. Kisi Sidiyare finds all of Macy’s fire and feehug. Diehl and Sidiyare have all the naturalness of swoon-tastic newcomers.

Near the end of the play, Dell’s quotes the First Corinthians observation that ‘Love is always kind, I that light, “Fo’ Cake” needs stronger texture and more satisfying to ation to the lose the title confection represents.
leagues of racism, poverty and militarism, saying, "And there are times when you must take a stand that is neither safe nor polite nor popular, but you must do it because it is right."

On Monday, January 21, members of the St. Stephen's community along with dozens of partner organizations will be following King's example by taking a stand during their tenth annual MLK Day of Action. Close to 200 volunteers from the South End neighborhood, suburban churches and synagogues, professional groups and non-profit organizations will come together with Blackstone School faculty for a morning of work projects to shower love (and some paint) on the school. There will also be projects to improve St. Stephen's after-school program space.

Following a lunch of tasty food, stimulating conversations about King's legacy, and inspirational words from City Councilor Ed Flynn, there will be a teach-in focused on the issues faced by immigrant students in the Boston Public Schools. Trainers from United Educators and the Student Immigrant Movement, along with teams from St. Stephen's, will be equipping participants to work together to ensure immigrant BPS students both feel safe and are safe.

The Blackstone Elementary School is just this sort of loving community, a place where all students feel safe and can focus on learning and academic achievement. This is largely thanks to the dedicated work of the school’s administrative team, teachers, and staff; many of whom will be coming to the MLK Day of Action on what would otherwise be a day off from work. Teachers and volunteers will be beautifying classrooms. Parents of students will be sorting through donations for the school’s companion closet of clothes, food, and hygiene products. College students will be painting murals with inspirational messages on walls and carousels. By the end of the day, there will be many more images of the school’s mascot, Shownnut the Shark, around the hallways of the school.

The Blackstone Family and Community Engagement Coordinator, Lauren Blande, sees the day builds up a community of love. "MLK Day is an opportunity for volunteers and participants to bring to life our school’s guiding principle of Ubuntu, which means I am because you are. We are all connected because we value equality and we want our students to succeed," said Blande. "We are honoring King’s legacy with what we will do on this day," she added.

Recently, it became public that BPS has shared the information of more than 130 students with Immigration Customs and Enforcement (ICE), jeopardizing these young people’s safety and futures. To help our schools be safe havens for students, trainers will be asking participants to sign and spread a petition that will ask BPS to have clear communication with families before their information is shared with the Boston Police Department, which often leads to reports to ICE. The petition also requests more training for administrators and Boston School Police, among other demands. The petition can be found at bit.ly/NoICEinBPS.

St. Stephen’s Youth Programs Teen Organizer Nikki Jean-Charles is among those excited to be part of the MLK Day of Action. She believes caring for students by making their classrooms sparkle is one of the right things to do. So is taking a stand to protect immigrant students.

"I want to surround myself with a community that is ready to learn and spread peace the way King taught," said Jean-Charles. "I want to be part of the new generation of leaders, educating others to build a better future and continuing the fight for civil rights."

To join this community of leaders at the MLK Day of Action, which starts at 9:30am at the Blackstone Elementary School, 380 Shownnut Avenue, sign up at tinyurl.com/sypllday2020. For more information, contact hayley@bostonc.org.

To learn more about St. Stephen’s Youth Programs, visit www.ssyboston.org. To give, donate by 419 Shownnut Avenue.

We are grateful to the Massachusetts Service Alliance, which is helping to fund and support the MLK Day of Action.
**SERVICE GUIDE**

**CONSTRUCTION • GENERAL • REMODELING**

**The Dependable Handyperson**

FINE PAINTING AND REFINISHING  
SMALL REPAIRS AND RENOVATIONS  
DECK AND GARDEN WORK

Call Jean at 617-236-1795  
dependablehandy@aol.com

**MASONRY**

**P. Stones Contracting, Inc.**

Specializing in Historic Restoration,  
Brick Repointing, Brick, Block, Stone,  
Basement Floors, Caulking & Waterproofing.

Ornamental window sills, window headers and moldings,  
Fully Licensed and Insured, 15 years of satisfied customers and referrals.

Office: 781-848-6922 • Fax: 781-848-6923  
Cell: 617-592-0850 • pstonescontracting@hotmail.com

**CONSTRUCTION • GENERAL • REMODELING**

**BRUNO GUERRIERO CONSTRUCTION, INC.**

Water Proofing Solutions  
Basements • Facades • Chimneys  

COMPLETE MASON CONTRACTOR  
Custom Brick, Stone Work  
& Brick Pavers  
ALL TYPES OF REPAIRS AND RESTORATIONS  

Brownstone Repair • Stairs Restored • Sea Walls • Storm Damage

BrunoGuerrieroConstruction.com • brunoguerrierio@gmail.com

Get local and advertise your property in the **South End News**.

Call Jeff at (617) 464-7280 ext. 202 or email: sales@southendnews.com.

**ROOFING**

**McDonnell Roofing, Co.**

Roofing Specialist

Fully Insured  
Slate and Copper Work • Rubber Roof Systems  
Shingles and Gutters • Repairs • Lic. Contractor Reg. #100100

617-288-3448

Free Estimates • Over 40 years of experience  
McDonnellRoofingBoston.com
BMC
Continued from page 1

feeling patient outcomes. The event featured
speakers from BMC and BUSM as well as from
Johns Hopkins, the Albert Einstein College of
Medicine, and the US Digital Service and
Centers for Medicare & Medicaid Services.
All talks were recorded and will be shared on
the TEDx platform.

Nubian Square Workshop

PLAN: Nubian Square

Monday, January 27
6:00 PM - 7:45 PM
980 Harrison Ave
2nd Floor Training Room
Roxbury, MA 02119

Event Description
The January PLAN: Nubian Square workshop will build upon previous
PLAN: Nubian workshops and will focus on the Campus High Urban
Renewal Plan, which Crescent, Malcolm X & Putnam, and P3 are all a part
of. We will discuss the history of the urban renewal plan, how it impacted
the area, and how it is discussed in relation to PLAN: Nubian Square. We
will also be discussing the urban design guidelines for Crescent Parcel,
and Malcolm X and Putnam Parcels.

As with all previous workshops, feedback provided will be taken into
consideration for incorporation into the RFP documents. Throughout the
evening there will be opportunities for attendees to engage in dialogue
with City and BPDA team members, regarding urban renewal and urban
design guidelines.

Contact:
Muge Undemir
Boston Planning & Development Agency
One City Hall Square, 9th Floor Boston, MA 02201
617.918.4488 | mugey.undemir@boston.gov

South End
THE SOUTH END COMMUNITY HEALTH CENTER
INVITES YOU TO JOIN US FOR OUR
2020 ANNUAL MEETING

WEDNESDAY, JANUARY 29, 2020
6:00pm
at the South End Community Health Center
1601 Washington Street (3rd Floor), Boston, MA

Please confirm your attendance
RSVP at development@sechc.org
Light refreshments will be served.

Where will you live until you can call this ‘Home’
again? Your association policy won’t cover your ad-
tional living expenses. Condo owners NEED Per-
sonal Condominium Insurance for that. Aside from
replacing your personal property, it will help you
with rent, while you’re still paying your mortgage.
Contact us.

JJBodner
Insurance Agency of Boston
617-437-9400 • www.jjbodner.com • 8 Clarendon St. Boston
TWO SOUTH END LOCATIONS

House of Siam

Open for Lunch & Dinner
Come Experience our Beautiful Dining Room and the Freshest Thai Cuisine in Boston

592 Tremont St. (near Dartmouth Street)
Take out is available from 11:30 a.m. to 11:00 p.m. daily
617.267.7426

542 Columbus Avenue
617.267.1755